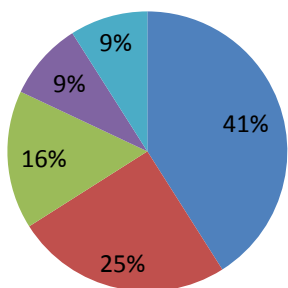


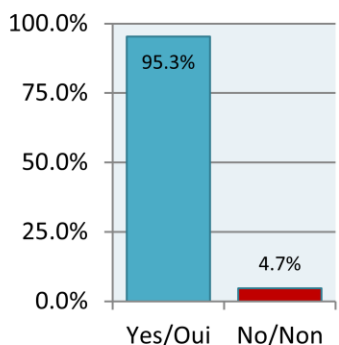
Parent support and education survey summary

Profile of respondents



- Early Years and Child Care programs
- Health Services
- Parent and Family Resources/Supports
- Specialized Services

Would you support a coordinated parenting support strategy for Ottawa?



Programs & supports currently offered

Parent/Family Workshops

Individual parent Supports

- ✓ Case management
- ✓ Counseling
- ✓ First Words
- ✓ Screening Resource consultant

Specialized Services

Youth Programs

- ✓ Early intervention for youth
- ✓ School readiness program and School Liaison Support
- ✓ Ontario School System

Nutrition Support

Home Visits/ In-Home Supports

Child Care

Prenatal/New Parent/Infant Supports

- ✓ Transition to Parenting
- ✓ Welcoming new baby
- ✓ Prenatal education
- ✓ Prenatal support
- ✓ Pregnancy Circle
- ✓ Infant Stimulation Program
- ✓ Making Baby food
- ✓ Baby and Me
- ✓ Baby cupboard
- ✓ Breastfeeding support
- ✓ Infant Massage
- ✓ Well-Baby Visits/drop-in
- ✓ Birth and Parent Companion program

Outreach

Parent Support Groups

Referrals

Resources

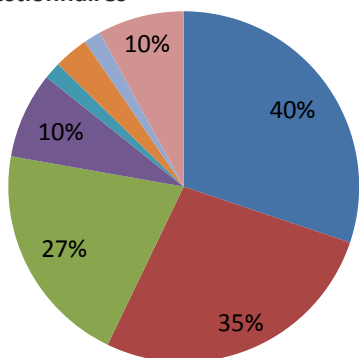
- ✓ Information
- ✓ Resource Libraries

Informal Supports

- ✓ Drop-in/Playgroup
- ✓ Information sessions during drop-in (e.g. Dental and Car Seat Clinics)
- ✓ Family outings
- ✓ Cooking activities
- ✓ Mentoring
- ✓ Supportive listening
- ✓ Community events
- ✓ Advice
- ✓ Open door policy
- ✓ Playgroups
- ✓ Website, Newsletters, Phone or email support
- ✓ Assistance with applications and transitions
- ✓ Liaison
- ✓ Advocacy
- ✓ Peer support
- ✓ Funds for specific needs
- ✓ Shelters

How are your programs evaluated?

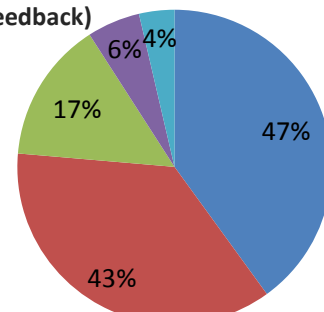
1. Parent Feedback Questionnaires
2. Workshop Feedback Evaluations
3. Built-in Evaluation
4. Verbal/Informal feedback
5. Focus groups/ Advisory committees
6. Attendance statistics
7. Pre- and Post-tests



■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ N/A

How does your organization decide which parenting programs to offer?

1. Parent requests/interest/popularity (Parent and/or workshop feedback)
2. Community need (EDI, SRI, Trends, Neighborhood data)
3. Resources available (Financial, local expertise)
4. Determined by case manager
5. Mandate/ Align with priorities



■ 1 ■ 2 ■ 3 ■ 4 ■ 5

Parent support and education survey summary

What specific elements or guiding principles would be important for a coordinated parenting support strategy?

1. Coordinated system

- ✓ Less fragmentation
- ✓ Eliminate duplication (Some duplication is okay if it's in the best interest of a family)
- ✓ One-stop-shop
- ✓ Shared vision
- ✓ Common language
- ✓ Awareness/communication between agencies
- ✓ Share information, resources and expertise
- ✓ Common system for referring parents

2. Flexible system based on individual family needs

3. Build on existing system/structure

4. Quality services

- ✓ Effective programs
- ✓ Built-in monitoring system
- ✓ Professional development
(consistent training across community)

5. Central, streamlined access to programs and to information

- ✓ Inventory of programs

6. Inclusive and accessible

- ✓ Easily navigated system
- ✓ All parents included in programming
- ✓ Parents engaged/involved in planning
- ✓ Language and culture
- ✓ Sensitivity (children are not lacking and parents are not to blame)
- ✓ Address barriers
- ✓ Value parents as their child's teachers

7. Funding

- ✓ Better wages/benefits for staff
- ✓ No/Low cost programs

8. TOR and Best Practices

9. Translation/Language considered

10. Public awareness and promotion

- ✓ Website
- ✓ Common messages

11. Collaboration

12. Openness

13. Solid leadership

Other parenting supports you would like to see in Ottawa

- ✓ Dads programs
- ✓ French programs
- ✓ Resources for parents of youth and teens
- ✓ Support for parents of special needs children
- ✓ Parent support groups and courses

What sort of training would help you provide parenting education and support?

- How to be supportive and assertive
- Communication
- Key parenting messages
- Funding for parents of children with special needs
- Support child's caregiver when it is not a parent
- Principles of adult education, adult learners and different learning styles
- Teaching/counseling students with learning disabilities
- Triple P
- Reaching In Reaching Out
- Health promotion
- School Readiness
- How to interest and engage parents
- Evidence based, locally delivered, practical training
- Attachment parenting programs
- Mothergoose training
- Hanen training
- How to outreach to parents
- Child development
- Adult learning theory
- Group dynamics
- Bounce Back and Thrive
- Train the trainer
- Mental health
- How to access programs and services
- Motivational Interviewing
- Nobody's perfect
- Growing Healthy
- High-risk, special needs populations
- Parenting issues
- How to evaluate programs
- Translation
- CPS refresher training
- Parenting courses